



# Nurture Play Structure®

NURTURE

LOVE & INTIMATE TRUST

PLAY

SEX & INTIMATE TOUCH

STRUCTURE

- 1) WHAT DOES INTIMACY MEAN TO ME?
- 2) WHAT ARE MY INTIMATE FEARS?
- 3) WHAT EXCITES ME ABOUT INTIMACY?
- 4) IS INTIMACY PLAYFUL?
- 5) WHAT AREAS OF INTIMACY DO I FEEL READY FOR?
- 6) WHAT AREAS OF INTIMACY DO I NOT FEEL READY FOR?
- 7) HOW DO INTIMATE TRUST AND INTIMATE TOUCH FEEL THE SAME?
- 8) HOW DO INTIMATE TRUST AND INTIMATE TOUCH FEEL DIFFERENT?
- 9) WHAT QUESTIONS DO I HAVE ABOUT INTIMACY?

Nurture, Play, Structure; A Therapeutic Model developed by Phillip Bass of Trinitas Services.  
***"We all want the freedom to be ourselves, yet we are most afraid of being ourselves."***

[www.nurtureplaystructure.com](http://www.nurtureplaystructure.com)