



# Nurture Play Structure<sup>®</sup>

## What do you put in the light?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.



Define where you feel staged in your life. Where are you most comfortable being your true self?

Who is your safe audience? What do you put into the light?