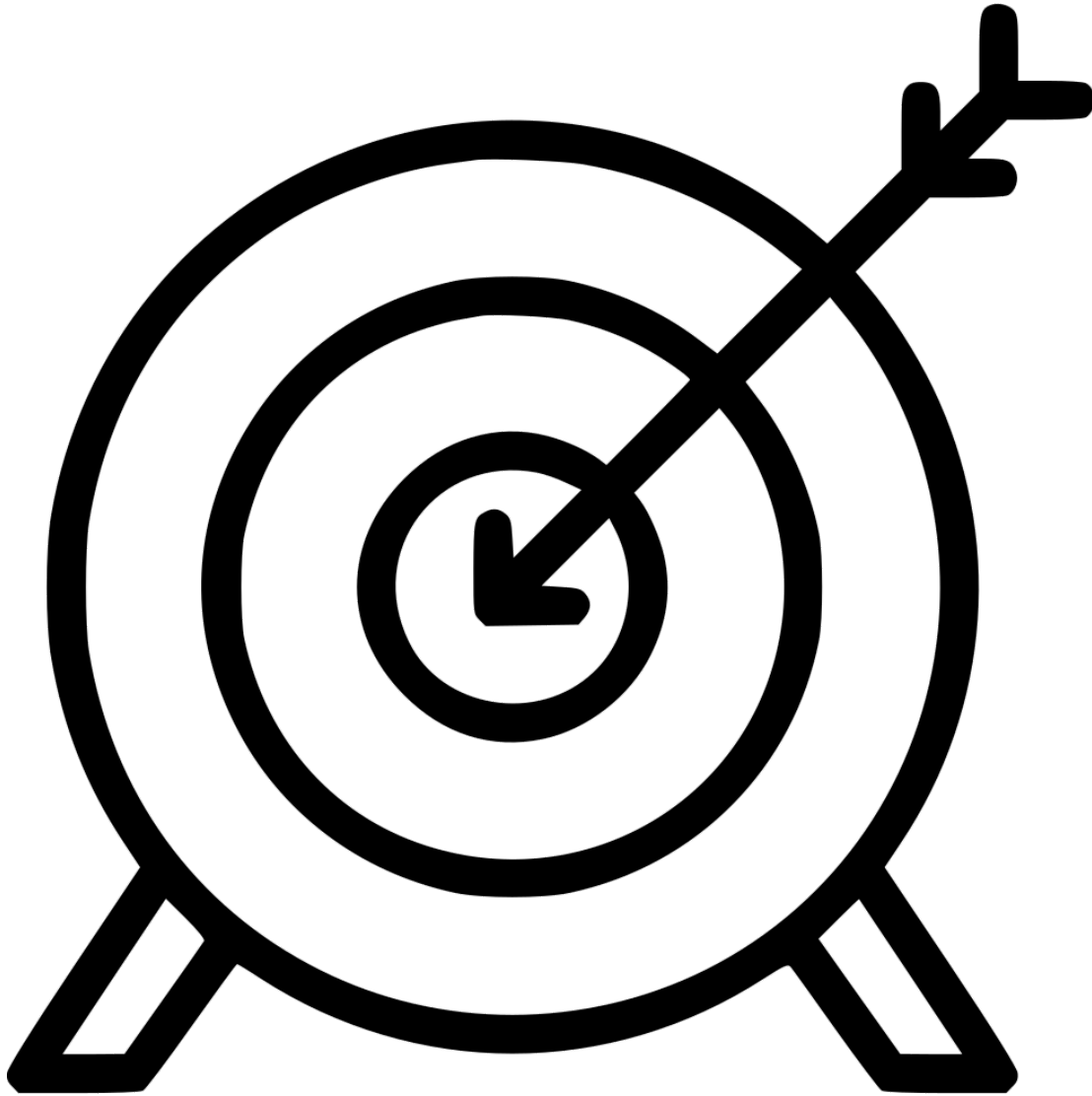




Nurture Play Structure[®]

It is important to understand where others are in proximity to us emotionally. Take a moment to explore your relationships. Who is closest to you and who is further away?



Place the names of people in your life on the bullseye:

- a. Who is in your inner circle?
- b. Who is in your middle circle?
- c. Who is in your outer circle?

Nurture, Play, Structure; A Therapeutic Model developed by Phillip Bass of Trinitas Services.
"We all want the freedom to be ourselves, yet we are most afraid of being ourselves."

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