



NURTURE · PLAY · STRUCTURE

Two six-week training series for clinicians

Tuesdays, 5:00–7:00 pm. Join in person at 1777 Fordham Blvd., Chapel Hill, or virtually.
Open to LCMHC Associates and to fully licensed clinicians. Live case material every session.

PART ONE · TUESDAYS 5–7 PM

Basics and Fundamentals

One complete pass through the model — enough to hear Nurture, Play, and Structure in what a client is already telling you, and to know which one is thin.

- 1 The Frame and the Order
- 2 Nurture — The Four Needs
- 3 Play — What Do I Want?
- 4 Structure — Expression, Not Control
- 5 When the Order Reverses
- 6 Formulation and Close

November 3 – December 8, 2026

SIX SESSIONS · NO PREREQUISITE

PART TWO · TUESDAYS 5–7 PM

Couples and Relationships

The model applied to two people at once, where most of the NPS worksheet library lives — from what has gone missing in a couple through to therapeutic separation.

- 1 The Relationship Triangle and TMER
- 2 The Bridge Model
- 3 Nurture Between Two People
- 4 Intimacy and Attraction
- 5 Agreements Built From Capacity
- 6 Meetings, Separation, and Close

January 12 – February 16, 2027

**SIX SESSIONS · PART ONE, OR EQUIVALENT
FAMILIARITY**

In person or virtual · six to a group · 60 minutes of live case work · the full NPS worksheet library

IF YOU ARE AN ASSOCIATE

Each series is 12 countable hours of group clinical supervision. Both is 24 — nearly the entire 25 hours North Carolina permits toward the 100.

Hours count only under a supervision contract between you and Phillip Bass, approved by the NC Board. We complete and submit it together — **contracts for Part One must be submitted by Friday, October 9, 2026.** This supplements your individual supervision rather than replacing it.

IF YOU ARE FULLY LICENSED

The same seat, as clinical consultation in the model. No hours to count and nothing to report — you come to learn NPS and to work your own cases with it.

Years in practice are welcome. The group is stronger for having clinicians in it who have seen more.

BEFORE YOU REGISTER

A short consult with Phillip comes first — a brief conversation about your caseload and what you want from the group. Every member has one before a seat is held.

COST

\$50 per session · \$300 for a six-week series. Pay in full, or half at session one and half at session four.

To set up your consult: nps@trinitasservices.com · **919-275-2137** · nurtureplaystructure.com



Phillip Bass, MDiv, ThM, MA, LCMHC, NCC

Licensed Qualified Supervisor · Creator of the NPS Model

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