

Nurture Play Structure™

What's Under Your Intimacy Umbrella?



- 1) WHAT DOES INTIMACY MEAN TO ME?
- 2) WHAT DOES BEING DESIRED BY MY PARTNER(S) MEAN TO ME?
- 3) WHAT DOES MY DESIRE FOR MY PARTNER(S) MEAN TO ME?
- 4) WHAT DO I ENJOY BEING DONE TO/FOR ME, AND WHY?
- 5) WHAT DO I ENJOY DOING TO/FOR MY PARTNER (S), AND WHY?
- 6) WHAT ARE MY INTIMATE FEARS?
- 7) IS MY INTIMACY PLAYFUL?

Nurture, Play, Structure Model of Therapy™ as developed by Phillip Bass and Kristin Mastro of Riverstone Wellness Collaborative.

We all want the freedom to be ourselves, yet we are most afraid of being ourselves.

www.nurtureplaystructure.com